

Diversity the Jessica Cox Story



“We accept, embrace and value unique contributions of all individuals”

On September 10 the Upper Colorado Regional Office had the opportunity to meet and listen to an inspirational individual, Ms. Jessica Cox. Jessica is a recognized internationally inspirational speaker. Born without arms she has met many challenges in her life and has never seen herself as a victim. She believes that nothing is impossible.

Jessica could have seen the world as impossible but has chosen a different path. She has in spite of challenges has graduated from college, learn to swim, drive a car, surf, scuba dive, and even fly an airplane. She has become the first person without arms to get a black belt in the American Taekwondo



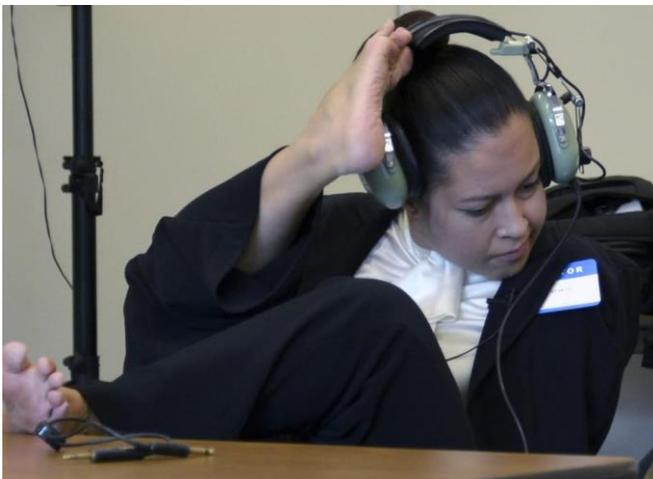
Association Martial Arts and the Guinness World Record for the first pilot to fly without arms. Most of all, Jessica has an unrepentant regard for herself as a whole person, she has a high degree of self-acceptance that gives her the freedom and power to see herself as a whole person, just as she is.

“The message from Ms. Cox was inspirational, as well as entertaining and thought provoking. Believe me; it will make your day!” Daniel Picard, Deputy Regional Director

“I attended the diversity hour with Jessica Cox, the inspirational woman who grew up without arms. I'm never going to surf, scuba dive, or fly a plane. But what I will do is ask "How Can I?" rather than "Can I?" about life that I share with those around me. I had a chance to talk with that inspirational young lady before the first session; her compassion and love of others was so apparent. Did any of you notice how congruent and encompassing she was? "I need to be thankful each day.” Terry Farnham, Human Resources Manager

“This training was an exceptional opportunity to learn about diversity through disability. Jessica's optimistic attitude is contagious and inspired a way to think about the current challenges we face and how to "think outside the shoe". Her life stories and commitment to achieving her goals motivated me to re-think what is possible.” Shara Hillier, Finance Officer

Photos below





#####

Visitors from Afghanistan



L-R - Jerry Melendez and Bert Cortez of the El Paso Field Division. Seated Left to Right: Mr. Mansour and Mr Akwal, Seyar Auobi, Naim Eqrar and Dan Tirres of the El Paso Field Division



U.S. Department of the Interior
Bureau of Reclamation

On August 20th, the El Paso Field Division of the Albuquerque Area Office hosted a small group of water experts from Afghanistan. This group of four was comprised of two interpreters, Mr. Akwal and Mr. Mansour, and Mr. Seyar Auobi, the Transboundary Waters Desk Officer from the Border and Security Cooperation Directorate, and Professor Naim Eqrar from the Geosciences Faculty at Kabul University. They were primarily interested in water gaging and information sharing within river basins and especially across international lines.

The country of Afghanistan has four main river basins:

- 1) The Amu Darya runs along the northern border countries of Tajikistan, Uzbekistan, and Turkmenistan. The waters are shared between these countries and the river used to empty into Aral Sea which is nearly dry.
- 2) The Harirud runs from Afghanistan through Iran into Turkmenistan. It constitutes 12 percent of Afghanistan's water resources. No treaties exist for the sharing of this river.
- 3) The Helmand River also runs from Afghanistan into Iran. A formal agreement was signed in 1973 allocating about 918 cubic feet per second. Wars, drought and metering problems have made this difficult to implement.
- 4) The Kabul River runs through Jalalabad into Pakistan and onto the Indus River. The river on average represents 26 percent of Afghanistan's available surface water. An agreement on this river has not been formalized.

The biggest problems faced by the Afghanistan water experts include a lack of funding, deficient or defunct gaging equipment, and transboundary relationships vital to the equitable sharing of water between countries. Most of the gaging stations and records were implemented with help from the USGS from the early 1950's through 1980. The onset of wars and invasions has made the last 35 years of water management a very difficult task.

The visitors were keenly interested in the cross-state and transboundary issues and agreements established along the Rio Grande. The professor indicated that a good starting point for Afghanistan would be to work with Tajikistan first as the relationship is on better footing. It was a very short, yet productive meeting.

The El Paso Field Division hosts many visitors from other countries interested in water management. Most are interested in our interstate (New Mexico to Texas) and international relations with regard to water delivery to Mexico. Many of the visitors are also from Arid regions looking for solutions to managing water in the desert.

#####



Fairchild Challenge Green Careers Day



The Upper Colorado Regional Office and Provo Area Office participated in Fairchild Challenge's Green Careers Day at Thanksgiving Point, Utah. Fairchild Challenge offers 11 fun environmentally-themed challenges aimed to improve the environment and help schools win money by getting students together to compete with each other, or by doing an individual project. The challenge is free to enter for participants. The environmental education program is designed to give high school students an opportunity to express their opinions about environmental issues in their region. By appealing to their intuitive sense of creativity and curiosity, the challenge invites students to investigate the most difficult environmental issues, imagine effective responses to the issues, and take action to address them.

Green Careers Day brings the students to interact with and learn from a variety of professionals working in green-related careers. Students get their hands dirty by participating in activities designed to help them gain awareness of different environmentally-based jobs.

Reclamation used the Fairchild Challenge Green Careers Day to teach students Reclamation's mission and conduct a watercourse scenario. Katrina Grantz, Upper Colorado Region Hydraulic Engineer, explained the different types of dams and water management-related projects. She also taught about the exciting work that Reclamation conducts and the potential careers Reclamation offers in the fields of engineering, land and recreation, safety and security, environmental protection, geology, and much more.



The students went to the erosion table water room where David Snyder, Provo Area Fish and Wildlife Biologist, provided a scenario to the students where they had to build water delivery systems with irrigation pipelines, ditches, farm ponds, dams, etc., to get water to a farm without enough water on one side of a mountain and manage the water flow to a farm with too much water on the other side of the mountain---all while protecting endangered fish. The fun, hands-on exercise taught students in-depth scenarios of the type of work Reclamation conducts.

Students returned positive feedback and were engaged by answering lessons learned questions at the end of each presentation.

Photos below



#####



U.S. Department of the Interior
Bureau of Reclamation



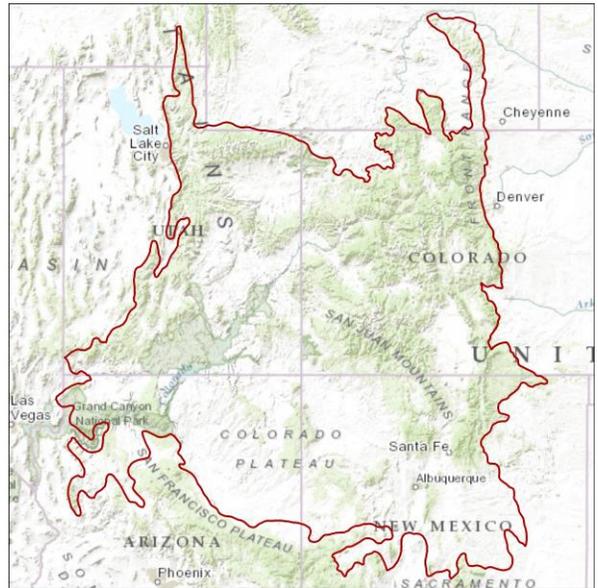
Do you know who this is? Do you know what he does?

When he's in the office – he's on the phone. John Rice started with the Bureau of Reclamation as the Science Coordinator for the Southern Rockies Landscape Conservation Cooperative (Southern Rockies LCC) in February 2012.

The Southern Rockies LCC may not be well known in the UC Region so we will be using UC Today to inform employees of its mission. If you have any questions or would like more information please feel free to contact John at 801-524-3685 or jrice@usbr.gov.

In 2010, the Department of Interior (DOI) developed a plan for a coordinated, science-based response to impacts on our land, wildlife, cultural and water resources. As a result, DOI established Landscape Conservation Cooperatives (LCCs). There are 22 LCCs partnering with federal and state agencies, tribes, non-government organizations, universities and many others to link science support with conservation activities to address broad-scale challenges that affect various resources. Together, the LCCs form a national and ultimately an international network. Interestingly, the LCC boundaries are based on migratory bird flyways and ecoregions.

As a self-directed partnership, the Southern Rockies LCC aims to support and enhance on-the-ground conservation efforts at the landscape-scale through the production of applied science for natural and cultural resource managers. Encompassing more than 127 million acres, the Southern Rockies LCC spans portions of five states: Utah, Colorado, Arizona, Wyoming and New Mexico. It includes the headwaters of the Colorado River and Rio Grande, the Wasatch and Uinta Mountains in the west, and the Southern Rocky Mountains in the east, separated by the rugged tableland of the Colorado Plateau.



Reclamation and the U.S. Fish and Wildlife Service are partners in the Southern Rockies LCC, and currently provide the majority of its funding. Contributions from partner organizations are leveraged to make the most efficient and effective use of research dollars.

UP NEXT MONTH:

We are excited to share more details of the Southern Rockies LCC's activities and projects!



#####



U.S. Department of the Interior
Bureau of Reclamation

Water Conservation Field Services Program



The Upper Colorado Regions mission is to address the compelling aspects for which the program was formulated as a result of the enactment of the Reclamation Reform Act and the subsequent law suit, settlement, Environmental Impact Statement, and rules (43 CFR 427). Reclamation's primary emphasis is with our water districts and associations to encourage and assist in the preparation of viable water management plans and their subsequent implementation.

Water Conservation Field Services Program (WCFSP) is a regional team comprised of the following Program Coordinators, Jeff Painter the Program Manager, Todd Kirkpatrick, Woody Irving, Scott Blake, Jonathan Jones, Ruth Swickard and Ryan Christianson.

Each member of the team contributes a unique skill, personality, and expertise to the program. Combined with dedication to Reclamation, customer service, and ability to cooperatively work together, results in an effective program.

On September 22-24 Upper Colorado Regional WCFSP Coordinators Conference was held in the Albuquerque Area Office (AAO).

Prior WCFSP Regional Coordinators teleconference determined the entire WCFSP staff, which includes WCFSP Regional Coordinators, Acquisition Management Division's (AMD) Grant Specialist and Financial Management Division's Budget Analyst, needed to meet face-to-face for the following purposes:

1. Meeting:
 - a. Sustain critical Program components, i.e. statutorily required Water Conservation and Management (WCM) Plans and implementation of WCM plan components.
 - b. Presentations of other successful conservation-related programs.
 - c. Providing technical assistance to districts and water users.



- d. Identification and analysis of past WCFSP accomplishments and potential future implementation.

2. Field trip to observe in-place, and future, water conservation and management projects.

The conference kicked off with introductions and addresses by new Deputy Area Manager Jim Wilber.

The meeting initiated with focus toward the fiscal year (FY) 2016 Funding Opportunity Announcement (FOA) starting with lessons learned from the FY 2015 FOA, led by AMD Grants Specialist Richard Pew, including:

- Scope, content, funding levels and eligibility requirements.
- Supplemental questions, scoring criteria and related points
- Schedule, including potential dates for final review, release, receipt, evaluation and awards.
- Desired release in early November 2015.

The meeting included presentations by non-WCFSP Reclamation staff:

- Carson Combs - WCFSP Budget Analyst was unable to attend but provided (via Program Manager) critical information for current FY 2015 program financial status and pending FY 2016 and FY 2017 budgets.
- Brandi Rose - Program Manager for Upper Colorado Region's Water SMART (Sustain and Manage America's Resources for Tomorrow) Program, provided important information and answered many questions on Water SMART's FOAs applicable to WCFSP implementation and demonstration activities.
- Viola Sanchez - AAO Native American Coordinator presentation entitled "*Pueblo De Cochiti: A Case Study on the Struggle for Irrigation Efficiency*": including history, technical computations, improvements: concrete lined ditches, pipelines, high-flow turnouts, laser leveling and check structures, statues, opportunities and conclusions.

Then Viola Sanchez led entire meeting group, including Brian Parry, Regional Native American Coordinator, Ted Dunn Western Colorado Area Office's Deputy Area Manager, Yvette McKenna, AAO Water Division Manager and Tara Ashby Regional Administrative Support, to observe several Native American projects with significant efficiency improvements, including Pueblos of Cochiti, San Felipe and Taos.

All primary stated purposes were achieved. The wealth of information presented and observed will have lasting and profound effects on the WCFSP.

"The Field Service Program continues to provide a positive impact to our Districts and Office. The partnerships developed and nurtured through the program provide an excellent foundation for implementation of other important activities necessary for the operation of our projects."

Former Area Manager

#####



U.S. Department of the Interior
Bureau of Reclamation

Mitigating Germs Within the Workplace



By Rick Wuollet

For most parts of the country the temperature is getting colder and the leaves are starting to change color. All this reminds me, it's time to start thinking about bundling up and getting ready for the cold and flu season. The peak season runs between October – April (CDC). It is important to reduce the risks to help keep you well. Understanding how they spread and what you can do to mitigate the spread of germs within the workplace will go a long way in your physical and emotional well-being.

According to the Centers for Disease Control and Prevention, the most common spread of germs is through airborne particles (being face to face with someone with a contagious illness), droplets from their mouth or nose ending up in your mouth. Less often is by physical contact through some type of touch from living and nonliving surfaces.

The CDC offers advice on stopping the Spread of Germs at Home, Work & School. Here are five helpful tips for preventing illnesses.

Keep your distance:

Whenever possible, many of us understand that we should avoid close, prolonged contact with anyone who has the cold or flu. Often people don't even know they're sick until they have the full-fledged flu.

"Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young children and people with weakened immunity systems, might be able to infect others for an even longer time."(The National Institute of Allergy and Infectious Diseases (NIAID) reports in its flu fact sheet)

The CDC recommends staying home at least 24 hours after your fever is gone.

Flu shot:

A yearly flu shot is the single-best way to prevent the flu, according to the CDC.



U.S. Department of the Interior
Bureau of Reclamation

Beware of the common areas:

As we all know everyone has different hygiene habits. Get in the mindset to think about the places hands and mouths go, i.e. elevator buttons, water fountains, used cups going onto the bottom of ice machine dispensers, door handles, fax machines, office coffee pot, shared books, food or food containers handled by others and hand or power tools. In its Tips to Prevent Colds and Flu in the Workplace (PDF), the hygiene and health center suggests office workers "use a paper towel to open the bathroom door and dispose of the paper towel in the trash bin outside of the door." Furthermore, the center recommends using a paper towel to turn off the faucet and using hand sanitizer between washings. Wash hands often. Remember, rhinoviruses, the cause of most common colds, can live up to three hours on objects, according to the National Institute of Allergy and Infectious Diseases.

Proceed with caution:

The Mayo Clinic states "Keep in mind antibacterial soap is no more effective in killing germs than regular soap. Antibacterial products do not kill viruses. The CDC recommends using alcohol-based hand sanitizers with at least 60% alcohol to help kill viruses. Also, the use of *chlorhexidine* gluconate products has been known to kill viruses and is currently used in hospitals nationwide.

Consider nature's best:

Doing a little bit of preventive medicine goes a long way. The proper amount of sleep and exercise can help in fighting off diseases. Also, eating right with the right foods and proportions can increase your ability to fight off diseases such as the common cold. It also increases your energy levels while also increasing your immune system.

Please be sure to check out the Safety Management training this month:

On Wednesday, October 14, 2015, we will have one day seminar on "Implementing an ANSI Z-10 Management System Based on the New View of Safety". It will be starting at 8:00am in the Rio Grande Conference rooms A&B of the Regional office on the 8th floor of the Federal building in Salt Lake City.

The ANSI Z-10 seminar will cover the recognition of the new view of safety that is absence of injuries and illnesses, but rather an emergent property of the system. This new concept has powerful and far-reaching implications when implementing a management system. This approach can help your facility produce positive results. This seminar is available for CDSRs, supervisors, and facility managers to sign up for on DOI Learn at;
<https://gm2.geolearning.com/geonext/doi/coursesummary.CourseCatalog.geo?id=162837&selectTab=Scheduled+Classes>

We encourage facilities to have at least one CDSR and one supervisor/facility manager attend the ANSI Z-10 seminar. There is no cost for attending the ANSI Z-10 seminar to the facility since the cost is covered by Region.

If you have any questions or comments, please contact Dino Alaraji at 801-524-3611.

#####



U.S. Department of the Interior
Bureau of Reclamation

C.A.S.T. For Kids Events in the Upper Colorado Region



Elephant Butte and Lake Powell

By: Valerie Heath-Harrison
Regional C.A.S.T. Coordinator

On September 12 and October 3, the Upper Colorado Region sponsored C.A.S.T. for Kids events at Elephant Butte and Lake Powell, respectively. Both events were unique in that they were coordinated by private citizens acting in a volunteer capacity on behalf of Reclamation.

Both events had been cancelled earlier in the year for various reasons and Jim Yelas, Executive Director of the C.A.S.T. for Kids Foundation, reached out to his contacts and was able to secure the services of Messrs. Will Dooley and Jarrett Edwards to plan and coordinate the events at essentially the last minute.

Because both volunteers had only a short window of time (about 2 months) and a lack of CAST-specific event planning experience in which to pull off the events, they were smaller than usual. However even then, the children involved had a great time.

Specifics of each event



U.S. Department of the Interior
Bureau of Reclamation

Elephant Butte

Mr. Dooley is an employee of Lago Rico, Inc., which operates Marina del Sur (in addition to two other marinas on Elephant Butte). With the assistance of another employee, they were able to secure donations of food for breakfast and lunch, boat captains and participants.

The day was calm and beautiful, fishing was good for bass, and the kids excited to go for a boat ride. Three of the kids spent time fishing off the marina platform while waiting for lunch and were very successful at catching several bass, which they promptly let go.

A pancake breakfast was prepared by volunteers for all attendees and a lunch of grilled hot dogs, chips, watermelon, and drinks was prepared and served by other volunteers.

Marina Del Sur has a Facebook page where other attendees posted some great photos. So if you would like to see more, please visit <https://www.facebook.com/MarinaDelSur>.

Mr. Dooley said he is willing to make the Elephant Butte event bigger and better next year and is excited to get started.

Lake Powell

Mr. Edwards is a professional angler with an outdoor television show, "*Jarrett Edwards Outdoors*" which can be watched online at <http://www.jarrettedwardsoutdoors.com/>. It is also syndicated on the World Fishing Network, Altitude Sports and the Sportsman's channels.

The Lake Powell event was held at the beautiful Antelope Point Marina on the eastern shore of Lake Powell. Fishing was very good, with lots of bass and catfish caught and one sunfish that this author saw. Most of the fish were released after being brought in, but a few of them made for some tasty dinners later that day.

Lunch was prepared and served by employees of Antelope Point and consisted of pulled chicken barbecue sandwiches, potato salad, coleslaw, fries, tater tots, drinks and ice cream for desert.

Special thanks to employees from the Glen Canyon Field Division who helped at the event, including Don Elwood, Damion Thomas, Corey Kidwell, Tim Tilney, JC Franklin.

In Closing . . .

Much gratitude is extended to our citizen volunteers. You selflessly gave of your time to ensure the children in your areas could experience this opportunity. We could not have done it without you!

Photos below





#####

The New Self Plus One Enrollment Type



The Bipartisan Budget Act of 2013 establishes a Self Plus One enrollment type in the Federal Employees Health Benefits (FEHB) Program. Coverage under a Self Plus One enrollment will be available beginning in January 2016. The first opportunity to enroll in Self Plus One will be during the annual Federal Benefits Open Season beginning in November 2015.



U.S. Department of the Interior
Bureau of Reclamation

The Federal Employees Health Benefits (FEHB) Program

The FEHB Program can help you and your family meet your health care needs. Federal employees, retirees and their survivors enjoy the widest selection of health plans in the country. You can choose from among Consumer-Driven and High Deductible plans that offer catastrophic risk protection with higher deductibles, health savings/reimbursable accounts and lower premiums, or Fee-for-Service (FFS) plans, and their Preferred Provider Organizations (PPO), or Health Maintenance Organizations (HMO) if you live (or sometimes if you work) within the area serviced by the plan.

Use this site to compare the costs, benefits, and features of different plans. We chose the different benefit categories based on enrollee requests, differences among plans, and simplicity. However, we urge you to consider the total benefit package, in addition to service and cost, and provider availability when choosing a health plan.

The FEHB plan brochures show you what services and supplies are covered and the level of coverage. Review the brochures carefully. The brochures are formatted to ensure they are all organized alike. You can get brochures from the health plans or your human resource office. When it comes to your health care, the best surprise is no surprise.

Pharmacy Incentive Programs and FEHB

OPM does not prohibit FEHB members from participating in pharmacy-sponsored incentive or pharmaceutical company co-pay reimbursement programs, and we are unaware of any Federal laws restricting participation. Enrollees in other Federal Programs such as Medicare and Medicaid are statutorily prohibited from participating in pharmacy incentive programs under section 1320a-7b of title 42, United States Code (“the Anti-Kickback Act). However, the FEHB Program is exempt from the application of this provision.

OPM does not have authority over promotional incentive programs retail pharmacies choose to offer customers, and OPM cannot direct retail pharmacies to provide the incentives to FEHB Program members. We are working with FEHB Program plans to remove any restrictions.

For more information, please visit the [OPM website](#).

#####



Meet Brent Esplin Deputy Regional Director



The Bureau of Reclamation recently announced Brent Esplin as the new Deputy Regional Director for the Upper Colorado Region. As Deputy Regional Director, Esplin will oversee a variety of water and hydropower programs throughout Arizona, Colorado, Idaho, New Mexico, Texas, Utah and Wyoming. He begins his new assignment October 4, 2015.

“I am excited that I get to continue my service with Reclamation in the Colorado River Basin,” said Esplin. “I have enjoyed working in Reclamation regions throughout the West, but I am very happy to be coming home to serve in the Upper Colorado Region where I grew up. I am looking forward to the great opportunities ahead.”

Esplin most recently served as the Area Manager of the Montana Area Office in Billings, Montana, in Reclamation’s Great Plains Region. In that role, he worked on issues related to endangered species, production of hydropower, safety of dam modifications, construction of rural water projects, and municipal and irrigation water supply.

“Brent brings a wealth of Reclamation experience in management of historic and contemporary water supply issues,” said Regional Director Brent Rhee. “We are looking forward to adding Brent’s strong background to our team as we meet the unique challenges of the Upper Colorado Region.”

Esplin’s service experience in Reclamation also includes assignments as Deputy Area Manager in the Phoenix Area Office, Arizona, Lower Colorado Region; Deputy Area Manager of the Nebraska-Kansas Area Office, McCook, Nebraska, Great Plains Region; and as a civil engineer in the Montana Area Office, also in the Great Plains Region. He has served many years working with endangered species, implementation of Indian water right settlements, contemporary water supply issues for the Central Arizona and Salt River Projects, as well as issues related to Republican River Interstate Compact.

Esplin is a native of Smithfield, Utah, and holds a Bachelor of Science degree in Civil Engineering and a Master of Science degree in Civil and Environmental Engineering from Utah State University.

#####



U.S. Department of the Interior
Bureau of Reclamation

Who's New

Rosanne Vigil

Albuquerque Area Office – Civil Engineering Technician



I previously worked for the State of New Mexico as a Civil Engineer Tech focusing on local government oversight. I retired from the state, and now am starting a second career with the federal government in my first federal job. I am a Civil Engineer Tech in Mark Nemeth's Design Group, part of the Technical Service's Division.

I'm a single parent of Joshua, 22, and AngelMarie, 17. We also have three teacup poodles – Raphael, Isabelle, and Poncho, aka the "Spanish dog." I speak English, but understand a lot of Spanish.

My favorite book is "The Alchemist" by Paulo Coelho. I like comedy and action movies. I recently saw Furious 7 and really enjoyed it. My favorite character on TV is Steve Harvey, from his talk show. I enjoy all types of music, old school, country, Spanish, and a little of everything but rap. However, I have recently started enjoying some rap as my daughter, AngelMarie, has started free style rapping. She has gotten some people interested in promoting her. I know how to play piano. I was learning how to play the guitar, but my son Josh became a very good guitar player instead; he also plays the ukulele. My daughter sings, plays the drums and the keyboard. My hobbies include bike riding, fishing, camping, bowling, and playing pool.

I was on the Drill Team in high school and Captain my Senior Year. We took first place for State two years in a row. The 3rd year we took 2nd as West Mesa High School combined our previous two year routines and won first!

My favorite holiday is Christmas - family comes together, great food, and the holiday season seems to bring out the good in people.

If I had to describe myself in one word, it would be "resilient." My favorite quote right now is one I read recently and saved in my phone – "As I look back on my life, I realize that every time I thought I was rejected from something good, I was actually being redirected to something better."

#####



U.S. Department of the Interior
Bureau of Reclamation

In Transition

Harold P. “Chick” Deming
(11/22/1918- 8/22/2015)



Long time Bureau of Reclamation employee, Chick Deming, passed away at the Hospice Care Center in Grand Junction, Colorado on August 22, 2015 at the age of 96. His parents were John and Nellie Deming, early settlers of Frisco, Colorado. Chick married his wife, Lillian Ashlock on September 5, 1944. She passed away about four days later on August 26, 2015 at the same care center at the age of 88. They had three children: Michael (Lois), Sally (Ed), and Steven (Jeri), 6 grandchildren; Bart, Brett, Brand, Brandon, Brent and Chelsea. There are 10 great grandchildren.

Chick, the youngest of seven children, was born and raised in the old Colorado mining town of Frisco, Colorado. Prior to his career with Reclamation, he worked as a ranch hand and a trail crew leader for the Forest Service. He began his career with Reclamation in 1941, retiring in 1974, working initially as a surveyor, later an inspector and the last 16 years as a Chief Inspector. He worked on many of the large Reclamation projects including South Platte River, Blue River-South Platte, Missouri River Basin Project, Big Thompson Project, Gunnison-Arkansas Project, Collbran Project, Weber Basin Project, Florida Project, Emery County Project, Frying Pan-Arkansas Project, Southern Nevada

Water Project, Central Utah Project and the Curecanti Project (later named the Wayne N. Aspinall Project).

Chick and Lillian moved to Clifton, CO after his retirement in 1974 and lived there until they passed away. After he retired from Reclamation, he spent ten years with Western Engineers building dams in western Colorado and eastern Utah. He also spent a considerable amount of time working with old friends on their cattle ranch until he could no longer ride a horse. He loved the cowboy life style and was an avid hunter and outdoorsman who really understood the physical and biological diversity of the Colorado High Country.

Chick, Lillian, and family moved twenty-two times with Reclamation. Lillian was great at moving, including packing and unpacking and getting the kids settled in new schools. Such was the life for Reclamation employees building water project during the Heydays. Chick was a consummate believer of the Reclamation program throughout his life displaying many of his Reclamation memorabilia throughout his home.

Chick was the first of 3 generations of the Deming family to work for Reclamation. His son, Mike, followed him as an engineering geologist in 1970, beginning in the St. George, Utah office, and retired as



U.S. Department of the Interior
Bureau of Reclamation

the Construction Manager of the Four Corners Construction Office in 2007. His grandson, Bart, joined Reclamation in 2012 and is currently the Design Group Chief in the Four Corners Construction Office.

#####

What Is the Media Saying About Reclamation This Week?

[Fuel spill closes Lake Powell beach](#)

[Basin Study Projects Shortfall in Future Water Supply for Santa Fe Basin](#)

[Deer Creek State Park](#)

[Slab of sandstone threatens to fall at Glen Canyon Dam](#)

[Biography - Estevan López, Commissioner](#)

[Scientists conduct drought study in Utah, 5 other Western states](#)

[Op-ed: Lake Powell pipeline bill would be a drain on Utah](#)

[Water plan](#)

[River rafting restricted near Glen Canyon Dam due to giant unstable slab of rock](#)

[Reclamation Awards \\$2 Million Contract for Modernization of Elevators at Glen Canyon Dam](#)

[Contract Awarded to Build Latest Portion of Navajo-Gallup Water Supply Project](#)

[Reclamation Awards \\$1.3 Million Contract for Unit Breaker Replacement and Excitation System Modification at Fontenelle Dam and Powerplant](#)

[Opinion: Are Colorado Basin water users adapting to scarcity?](#)

[Navajo president: EPA 'abandoned' us](#)

[How to Visit U.S. National Parks for Free](#)

[Utah waterways dealing with mussel threat](#)

[New Coalville sewer plant no longer backed up in red tape](#)

[Star burns bright for 118 year](#)

[Animas dispatch: Hundreds celebrate the river's reopening](#)

[5 state parks and national monuments in Utah Valley](#)

[Rio Grande flow near Las Cruces to stop](#)

[Labor Day at Flaming Gorge](#)

#####



U.S. Department of the Interior
Bureau of Reclamation



Canon Largo Morning by Robert Stumb

#####

Reclamation Trivia

Here's this week's set of questions:

1. The country of Afghanistan has four main river basins: _____, _____, _____, and _____.
2. Fairchild Challenge offers 11 fun environmentally-themed challenges aimed to _____ and _____.
3. Encompassing more than _____, the Southern Rockies LCC spans portions of five states: _____, _____, _____, _____ and _____.

Last week, We asked,

1. During the **15-year** period, the unregulated inflow to Lake Powell was above average in only **3** out of the past **15** years.



U.S. Department of the Interior
Bureau of Reclamation

2. What are the five course focuses primarily on development of the Office of Personnel Management's executive core competencies: (1) **Leading Change**, (2) **Leading People**, (3) **Results Driven**, (4) **Business Acumen** and (5) **Building Coalitions**.
3. The Gold Kind Mine spill released approximately **3 million** gallons of contaminated water into **Cement Creek**.

Last winner was – **N/A**

Please use this [link to send your answers](#). To be fair we will draw names from the winners and one person will receive a prize. We will reach into the prize bin for something suitable for the winner...as long as supplies last.

[Return to UC Today](#)



U.S. Department of the Interior
Bureau of Reclamation