BICYCLING AT LAKE BERRYESSA

The roads surrounding Lake Berryessa are very popular amongst road cyclists, and offer a variety of terrain and challenges for any type of cyclist.

Biking Locations
While biking is allowed in all of our day use areas, there are no designated biking trails at Lake Berryessa. The Smittle Creek Trail has bridges and stairs and was not designed with bicycles in mind, so travel it with care.

Biking Safety
- **Wear your helmet and appropriate footwear.** By law, all persons under 18 years of age must wear a helmet.
- Be aware of vehicle traffic and obey all rules of the road.
- During your bike ride, we ask you to observe "Leave No Trace" principles.
- Roads around Lake Berryessa often have tight turns, and loose rock often slides into the lanes of traffic, so watch the road.

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